



LUNCH & LEARN OCTOBER 5 KNITTING FOR WELLNESS

**PRESENTED BY SILKE FELTZ, PHD STUDENT,
HUMANITIES DEPARTMENT**

**Sponsored by WorkLife Connections
and Employee Wellness**



**Learn about the
health benefits of
knitting**

**Resources for new
and seasoned
knitters**

**Knitting at
Michigan Tech**

**HuskyPAW
participants may
claim 100 bonus
points for
attending**

**Beverages will be
provided – feel
free to bring your
lunch**

**RSVP BY EMAILING:
sbrodeur@mtu.edu**

Date: Wed., October 5,
2016

Time: Noon – 1:00 PM

Where: MUB – Ballroom
B3