

Family Fun Day – May 13, 2017

Family Fun Day (FFD) is a day of free access to campus amenities for Michigan Tech employees and their families. FFD is sponsored by Staff Council, Athletics and Recreation, and Dining Services.

Free Lunch!

11:00 AM – 1:00 PM

A free lunch will be served in the SDC Wood Gym. Come and enjoy, while supplies last.

Student Development Complex

Fitness Center

10:00 AM – 4:00 PM

Participants must be at least 16 years old to use the Fitness Center.

Multipurpose Room

10:00 AM – 4:00 PM

No black soles shoes.

Open Swim

10:00 AM – 4:00 PM

Lifeguard on duty.



Racquetball Courts

10:00 AM – 4:00 PM

No black soles shoes.

Family Games

10:00 AM – 12:00 PM

In the ice arena

Equipment Check Out

Limited equipment (badminton, basketball, racquetball, volleyball, wallyball) is available on a first come, first serve basis.

Community Program Classes

Family Aikido (Dance Studio)

10:00 AM – 11:00 AM

Zumba® Familia (Dance Studio)

11:30 AM – 12:30 PM



Once Size Fits All Yoga (Dance Studio)

1:00 PM – 2:00 PM

Gates Tennis Center

Open 10:00 AM – 4:00 PM



Outdoor Activities*

Michigan Tech Trails

Open 10:00 AM – 4:00 PM

No trail pass needed.

Take a leisurely walk or bring your bike!



Kickball

At the Hubbell Field just outside the SDC
10:00 AM – 12:00 PM

High Ropes Course Introduction

10:00 AM -1:00 PM

Participants have the opportunity to climb the access pole and try one of the high elements before exiting the course on a 250' zip line! The Outdoor Adventure Program will supply all necessary safety equipment and trained staff for a great experience 25 feet in the air. Signing of a liability waiver is required before being allowed on the course. Due to a limit to the number of people in the air at one time, there may be a wait time for your turn. There will be an age requirement.

Disc Golf

At the Disc Golf Course
12:00 PM – 3:00 PM

Equipment checkout at registration desk

Prince's Point Paddle Demo

2:00 PM – 4:00 PM

The Outdoor Adventure Program will provide some basic instruction on kayaking, canoeing, and stand-up paddleboarding at Prince's Point below the Rozsa on the Portage Canal. Qualified staff will cover basic paddling strokes and tips before taking small groups out for a short paddle in the bay off Prince's Point. Participants will be required to sign a waiver before paddling and will be required to wear a PFD. Age requirement.



* Weather Permitting



Please respond by May 8th

2017 Family Fun Day Registration

Register online at <https://goo.gl/forms/bLehWwuG8Xot877J2>
or return this slip via campus mail to Heather Sander, Alumni House.

Name: _____

Department: _____

Number of Family Members Attending (including yourself): _____

Check here if you are planning on joining us for lunch.

Enter to win prizes at the registration desk on May 13th.